

Empowering parents. Resourcing professionals. Supporting children.



Growing Together

Growing Together sessions are delivered either as groups or in your home to support you and your child in all aspects of development, including communication and language, social interaction and school readiness through fun and engaging play activities.

For children aged 2-4 years struggling with language, interaction and play.

You will leave each session with ideas on activities that can be done at home with your child.



Home Talk

Delivered within your home, Home Talk provides support and activities for children and families to enhance early language and communication development.

Aimed at children age $2-2\frac{1}{2}$ who have less than 30 words and are not linking words regularly.

Referrals can be made by health professionals.

Sessions will take place weekly over 6 weeks in your home, followed by reviews at 3 and 6 months.



Growing Talk

Growing Talk is an opportunity to take part in adult led group activities, to help grow and build your child's brain for language and later learning.

Suitable for children aged 2+ years with approx. 30-50 words. Children can

6 weekly sessions will provide you and your child with tips, ideas and

be referred by a professional or you can refer your own child.



Start for Life - Better Health

The Start for Life campaign is led by the National Literacy Trust and funded by the Department for Education, for all children from pre-birth to 5 years.

Keep a look out for our monthly events designed to support families to carry on the fun at home, boosting children's communication, language and literacy development. Resources and advice are provided to allow you to continue the key message – chat, read and play together.

www.nhs.uk/start4life/baby/learning-to-talk/